



MASTER YOUR MINDSET

Two Day Live Seminar

This highly acclaimed seminar will equip you with time tested and proven methodology, empowering you with skills, knowledge and techniques to truly turn your life into a work of art that is satisfying and fulfilling.

Stop wasting time trying to be better at willpower, manifesting and visualising.

Create genuine change today!

Release Your Limitations

2 DAYS

One Life Changing Experience

HOSTED BY

Internationally Accredited Trainer,
Master Practitioner, Master
Coach, Facilitator and Speaker

CHERRY FARROW



Inspire & Inform

“Putting together all the pieces of the puzzle”

Ph: 1300 246 774 | www.designyourlifeseminars.com.au



Eight modules

One life changing weekend



You've read the self help books and tried many courses and workshops with the promise of your life becoming better but haven't quite broken through yet. You're well and truly sick and tired of a life of mediocrity and challenges that do nothing but keep you stuck in old habits, patterns and behaviours.

Feeling limited is one of the most uncomfortable human emotions and you can rest assured knowing that it does not have to be this way.

This two day practical and informative seminar is designed for people exactly like you who are ready to shift the burdens and experience a magnificent version of themselves.

**The powerful
processes
that you will
be taught will
renew and
improve your:**

- **Finances and abundance**
- **Career and success**
- **Relationships, family and friendships**
- **Health and fitness**
- **Spirituality and connection**

Furthermore you will:

- **Let go of pain and baggage of the past**
- **Release burdens and feel lighter**
- **Remove barriers to your ultimate future**
- **Create a life you love living**
- **Expand in ways you never dreamt possible**
- **Become a master problem solver**
- **Remove addictive self sabotaging behaviours**
- **Learn the skills you need to succeed**
- **Live with purpose, meaning and enthusiasm**

It's time to stop seeking... the answer is here

In years to come, you'll look back on this weekend seminar and realise that this was the moment that everything changed for you. You'll get so much information that it will radically transform your life and you will believe that you are enough, you can get that job, be with that partner, lose that weight... whatever it is that you want, it's yours.

THIS EIGHT MODULE SEMINAR IS A BREAKTHROUGH IN REVOLUTIONARY THINKING

MODULES COVERED OVER THE TWO DAYS:

Module one: **RESPONSIBILITY**

Learn to make positive decisions and turn disappointments into success.

Module two: **REALITY**

Align yourself for success with clarity and a clear view of reality.

Module three: **REALISATION**

Eliminate the conflict between your conscious and unconscious mind and get them to work together in creating your best life.

Module four: **REFLECTION**

A useful look at how your past story has kept you stuck and how you can catapult forward.

Module five: **RELEASE**

Clear out limiting beliefs to help you soar.

Module six: **REPAIR**

Repair your beliefs and behaviours for a new way of being

Module seven: **RECOGNISE**

Regain control by identifying which beliefs are sabotaging your success.

Module eight: **REWARD**

Reinforce your success driven and positive behaviour, to create lifelong helpful habits.



About the facilitator

Cherry Farrow

Director, Inspire & Inform

Cherry Farrow is not only Australia's leading authority on MindPT, hypnotherapy, Time Line Therapy™ and NLP but a dynamic transformational seminar leader, presenter, personal success coach, author and business woman.

For over a decade Cherry has helped hundreds of people change their lives. She continues to motivate and educate people for the better through her valuable seminars, trainings and coaching. A supportive and inspirational person, she will help to unleash a new you.



'You have inexhaustible potential within you! I'll help you truly realise it, believe in it and — best of all — use it!' Cherry Farrow.

Here's what others have gotten out of the seminar:

"This course has taught me how to set and see my future goals in such a positive way, that I am now so excited for my future. I thoroughly recommend this amazing training for anyone" ROSSLYN ALLEN

"Release Your Limitations has allowed me to broaden my approach to making my life the best it can be" BETH FAULKNER

"Before coming to this Inspire & Inform seminar I was feeling lost in the world, very unloved and uninspired. I had fallen into a hole of "this is just the way life has to be for me". Today I'm feeling very inspired, excited, eager and positive. I know the only thing stopping me, was me. I'm an energetic, loving person who has so much to give and I can do anything! Setting goals are going to be "my thing" from now on" KIRSTY GREGORY

You too can feel the same way. Transform your life now!



INSPIRE & INFORM - Training & Coaching

PO Box 40, Coobowie SA 5583, Australia

Phone: 1300 2 INSPIRE (1300 246 774)

Email: inspireme@inspireandinform.com.au

www.designyourlifeseminars.com.au